## <u>Stone Farm April 2020</u> <u>Suggested Kit List</u>

Detailed below is a kit list for the Stone Farm residential trip in April 2020.

For the journey - please ensure your child has comfortable clothing for the journey (this will take approx. 5 hours so comfort is crucial); a boredom bag containing magazine, book, card/travel games, drinks (nonfizzy) in a reusable bottle, small packets of sweets or snack (must be nutfree).

Your child will <u>need a packed lunch</u> for the journey which we will eat onroute - this will be disposed of so please do not use packed lunchboxes, paper bags are ideal.

## Essentials:

- Sleeping bag <u>OR</u> covered duvet
- Pillowcase
- Wellington boots and 2 pairs long socks
- Waterproof jacket (with hood)
- Waterproof trousers
- Sun cream and sun hat (baseball cap)
- 2 reusable water bottles

## The rest of this is suggestion:

- At least 2 pairs trainers (old for outdoor use on the farm, gauge and beach) and plimsolls, flip flops or slippers for indoors.
- 4 pairs of trousers such as tracksuit bottoms
- Pyjamas (more if required and plastic bags)
- 5 pairs of underwater and socks
- 4 warm jumpers, hoodies, fleeces
- 4/5 t-shirts or long-sleeved t-shirts
- 2 towels
- A small rucksack for excursions
- A home addressed envelope and stamp
- Warm hat, scarf and gloves

- A wash bag with shower gel, toothbrush, shampoo, toothpaste etc. (no aerosol deodorants)
- £5 (max) in a named purse or wallet
- A torch
- A cuddly toy

All clothing needs to be clearly marked with your child's name. Sleeping bags or duvets should be packed in a strong, labelled bin liner or similar plastic bag. All other items need to be securely packed in one suitcase or holdall. Your child must be able to carry their own luggage. The emphasis for clothing should be 'old and practical' rather than style.

Once we receive the responses for the 'information and choices' letter, we will send out medical forms to those children. Any medication listed must be prescribed by a GP and have a dispensary label on showing dose and frequency.